

## Elementary Intermediate (Grades 3-5) Content Area – Interpersonal Effectiveness

Goal	Targets	Resources	Lessons	Character Trait
<b>II.A. Student Competency: Students interact effectively with a diverse population</b>				
<b>II.A.i. Goal: Students will appreciate their own culture</b>	Identify groups to which they belong	Let's Be Friends	Activity 1 pg 2	Respect Good Citizenship
	Identify cultural practices	Let's Be Friends	Activity 2 pg 6	
<b>II.A.ii. Goal: Students will respect others as individuals and accept them for the cultural membership</b>	Recognize accept and respect and appreciate individual differences	Let's Be Friends	p. 18 Activity 6	Respect Caring Fairness Courage
	Respecting other's cultures by referring to their culture appropriately.	CBT Toolbox	Decorate doll to reflect culture, pg 179	
<b>II.A.iii. Goal: Students will effectively relate with others based on appreciation for differences/similarities</b>	Discuss differences and similarities among various groups.	Let's Be Friends	Activity 35 pgs 115-117	Respect Good Citizenship Fairness
	Be aware of conflicts resulting from differences in values and beliefs.	Learning to Listen, Learning to Care	Activity 39 pg 126	
<b>II.A.iv. Goal: Students will evaluate how stereotyping affects them and their relationships with others</b>	Become aware of reasons why stereotypes are attached to groups and why its faulty logic	Let's Be Friends	Activity 6 pg 18	Respect Responsibility Integrity
	Become aware of stereotypes that are prevalent in society	Cool, calm, and Confident	Activity 4 pgs 14-16	

<b>II.B. Student Competency: Students utilize effective and appropriate communication skills</b>				
<b>II.B.i. Goal: Students know that communication involves speaking, listening, and nonverbal behavior</b>	Analyze how communication skills affect their relationship with others.	CBT Toolbox	p. 110	Respect Caring Good Citizenship
	Be aware of nonverbal communication	CBT Toolbox	p. 92	
<b>II.B.ii. Goal: Students will effectively express themselves</b>	Use effective communication skills to manage peer pressure.	CBT Toolbox	p. 107-108	Responsibility Caring Courage
	Express feelings clearly and appropriately.	CBT Toolbox	p. 105; p. 158	
<b>II.B.iii. Goal: Students will use communication skills to know when and how to ask for help</b>	Demonstrate concern and respect for feelings interest and opinion of others.	CBT Toolbox	p. 144	Respect Caring Fairness
	Distinguish between thought and feelings of others.	CBT Toolbox	p. 127	
<b>II.C. Student Competency: Students recognize personal boundaries, individual rights and privacy needs of others</b>				
<b>II.C.i. Goal: Students will understand the need for personal boundaries</b>	Describe situations in which personal boundaries should be set.	CBT Toolbox	p. 64	Respect Integrity Courage
	Identify and respect personal boundaries	CBT Toolbox	p. 113	
<b>II.C.ii. Goal: Students will understand individual rights and privacy needs of others</b>	Recognize that everyone has rights and responsibilities	CBT Toolbox	p. 115	Respect Responsibility Integrity

<b>II.D. Student Competency: Students utilize effective conflict resolution skills</b>				
<b>II.D.i. Goal: Students will develop and use conflict resolution skills</b>	Learn to speak assertively honestly and kindly	CBT Toolbox	p. 185	Respect Responsibility Integrity
	Negotiate a solution to the conflict	CBT Toolbox	p. 241	
<b>II.E. Student Competency: Students develop healthy relationships</b>				
<b>II.E.i. Goal: Students will define healthy and unhealthy relationships</b>	Choose friends consistent with personal belief standards	Let's Be Friends	p. 6-7 Activity 2	Respect Responsibility Caring Courage
	Analyze the skills needed to keep friends while maintaining own standards.	Let's Be Friends	p. 68-69 Activity 21	
<b>II.E.ii. Goal: Students will identify characteristics of healthy and unhealthy relationships</b>	Identify expectations and commitments in various relationships.	CBT Toolbox	p. 110	Respect Good Citizenship Integrity Courage Honesty
	Demonstrate effective communications in healthy relationships.	CBT Toolbox	p. 106-108	