



TEXAS A&M
UNIVERSITY
CENTRAL TEXAS

Texas A&M University Central Texas

Community Counseling and Family Therapy Center

Now offering
secure tele-counseling!



**Affordable Confidential Video
Conferencing through a Secure Platform.**

For an appointment call:
(254) 519-5403

*Mental Health Support for
The Academic Front-Line
Worker of the Pandemic*

**Teachers
Administrative Team Members
School Personnel**

Your mental health needs matter!
Attend an affordable **YOU** focused session
with someone that cares about **YOUR**
needs in a private confidential setting...

Non-Crisis Services:

*COVID-19 related stress, relationship
support, couples counseling, anxiety and
depression support, parental support,
personal development, teacher support
group*

Providing Individual /Family Counseling on Income-based sliding fee schedule