

Are you new to the area? Fort Hood has a great webpage to give you information so you are connected to "The Great Place" community.
<https://home.army.mil/hood/>



Are you looking for information about local schools? Contact your School Liaison Office at
Phone: 254-288-7946,
Email: usarmy.hood.imcom-fmwrc.mbx.slo@army.mil
Website:
<https://hood.armymwr.com/programs/school-liaison-officer>



Military

FAMILY RESOURCES

Fort Hood

Carl R. Darnall Army Medical Center

Facebook: www.facebook.com/CRDAMC

If you need medical attention or have a question:

- Utilize Secure Message (SMS) at www.tolsecuremessaging.com
- Call the CRDAMC appointment line at 254-288-8888
- Call the Nurse Advice Line at 1-800-TRICARE (874-2273) option 1

IF YOU DEVELOP SHORTNESS OF BREATH, CALL 911

Sources for Credible Outbreak-Related Health Information

Centers for Disease Control (CDC) CDC COVID-19 Information

Full spectrum COVID-19 information, to include information regarding stress and coping.

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization

202-974-3000

Regional Office for the Americas of the World Health Organization

525 23rd Street, NW

Washington, DC 20037

<http://www.who.int/en>

The Clearinghouse for Military Family Readiness at Penn State, in partnership with the DoD Office of Military Community and Family Policy, is implementing the THRIVE Initiative. The initiative supports parents as they learn and practice effective strategies for raising healthy children.

<https://www.THRIVE.psu.edu> or call 1-877-382-9185

U.S. Army Garrison Fort Hood Facebook: Current protocols and regulations www.facebook.com/USAGFortHood

Sources for Credible Outbreak-Related Health Information

American Medical Association: Mental Health and COVID-19

<https://www.ama-assn.org/delivering-care/public-health/managing-mental-health-during-covid-19>

Child Mind Institute resource for children and parents that addresses different symptoms during the COVID-19:

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

American Academy of Child and Adolescent Psychiatry

<https://www.aacap.org/coronavirus>

Fort Hood Resiliency Campus

254-285-5693

Empowering Soldiers, Families, DA Civilians & Retirees with the tools for an effective & resilient life through educational & holistic Physical, Social, Spiritual, Emotional, and Family programs in order to promote resiliency and overall comprehensive fitness.

Fort Hood Army Wellness Center

254-553-6196

The Fort Hood Army Wellness Center (AWC) is part of the Army's health promotion and wellness initiative, offering primary prevention services to our Ft Hood Community. Our focus is to help our clients adopt a healthy lifestyle, identify health risks, and to prevent the development or progression of chronic diseases or injury.



Health

Military OneSource offers non-medical counseling video sessions for children and youth.

800-342-9647

<https://www.militaryonesource.mil/confidential-help/non-medical-counseling/military-onesource/non-medical-counseling-for-youth-now-available-by-video>

Military Family Life Counselor

Military and Family Life Counselors (MFLC) are licensed professionals who provide situational, problem-solving counseling anonymously and confidentially. To find a Military Family Life Counselor, please contact the Child & Youth Services School Liaison Office at 254-288-7946.

CRDAMC Behavioral Health

254-286-7079 or 254-287-1866

Army Substance Abuse Program

254-287-7575

<https://www.facebook.com/FortHoodASAP/>

Mental health tips from the VA

<https://www.mentalhealth.va.gov/coronavirus/>

American Academy of Child and Adolescent Psychiatry

<https://www.aacap.org/coronavirus>

Centers for Disease Control and Prevention

1-800-CDC-INFO (1-800-232-4636)

<https://www.cdc.gov>

1600 Clifton Road

Atlanta, GA 30329-4027



Support

We can all do so much more together than we ever can alone.

Asking for Help Reveals Strength, Not Weakness

Family Advocacy Program (FAP)

This is a resource available to Families in need, whether affected by Family abuse, or by COVID-19. Please contact 254-288-2092 or 254-287-2273 for more information.

FAP Domestic Abuse Services – 254-286-6774

This is used for **UNRESTRICTED REPORTS**

FAP Victim Line –254-702-4953

This is used for **RESTRICTED REPORTS**

Emergency/On-Call Duty Chaplain

254-287-CHAP(2427)

Bring Everyone in the Zone

254-681-9112

Peer Support in a myriad of ways to Service Members, Veterans, and their Families, especially those suffering from Post-Traumatic Stress, Traumatic Brain Injury, Military Sexual Trauma and other traumatic events in their lives.

<http://www.bringeveryoneinthezone.org/>

The Refuge Corporation Food Pantry and Shelter

254-547-6753

www.therefugecorporation.org

Families in Crisis – Killeen Women’s Shelter

24-Hour Hotline 888-799-SAFE or 254-634-1184

<http://familiesincrisis.net>

Child & Youth Services

254-287-8029

<https://hood.armymwr.com/categories/cys-services>

For all of your child care and youth programming needs!

School District Information

Belton Independent School District
www.bisd.net
(254) 215-2000

Copperas Cove Independent School District
www.ccisd.com
(254) 547-1227

Florence Independent School District
www.florenceisd.net
(254) 793-2850

Gatesville Independent School District
www.gatesvilleisd.org
(254) 865-7251

Jarrell Independent School District
www.jarrellisd.org
(512) 746-2124

Killeen Independent School District
www.killeenisd.org
(254) 336-2822

Lampasas Independent School District
www.lisdtx.org
(512) 556-6224

Salado Independent School District
www.saladoisd.org
(254) 947-6900

Temple Independent School District
www.tisd.org
(254) 215-8473



Education

MWR Digital Library including many free education and entertainment resources. <https://www.dodmwrlibraries.org/>

[ABCMouse.com](http://ABCmouse.com)
Starfall.com
Pbskids.org
Switchzoo.com
Funbrain.com

123homeschool4me.com
Homeschoolhideout.com
Brainpop.com
Seussville.com



National Public Radio (NPR)
Graphic on Home Schooling
during COVID-19

<https://www.npr.org/2020/03/27/816575527/comic-how-to-turn-your-home-into-a-school-without-losing-your-sanity>

Texas Education Agency (TEA)

The Texas Education Agency is the branch of the government of Texas responsible for public education in Texas in the United States.

<https://tea.texas.gov/>

Smithsonian Institution is the world's largest museum, education, and research complex. <https://www.si.edu/explore>



Information Paper - Electronic Transfer of Student Records
During COVID-19

[https://hood.armymwr.com/application/files/4115/8922/1496/Electronic Transfer of Student Records During COVID.PDF](https://hood.armymwr.com/application/files/4115/8922/1496/Electronic%20Transfer%20of%20Student%20Records%20During%20COVID.PDF)

School Quest www.militarychild.org

Homeschool Laws and Regulations <https://tea.texas.gov>

Tutoring

Tutor.com: <https://military.tutor.com/home>

Khan Academy: <https://www.khanacademy.org/>

KISD Math & Literacy Tutoring Center:

<https://www.killeenisd.org/tutoring> Students in grades 4-12 are provided assistance with homework, individualized tutoring, STAAR & EOC preparation, math fact fluency, hard to learn math concepts, writing, and reading at the KISD Tutoring Center.

Special Education

Exceptional Family Member Program - 254-287-6070

<https://hood.armymwr.com/programs/acs/exceptional-familymember-program>

Military Community & Family Policy - Office of Special Needs

provides directory of age-specific resources and "States at a Glance" for state education special education resources and parent resources. <https://efmpeducationdirectory.militaryonesource.mil/>

Special Education FAQ's

https://hood.armymwr.com/application/files/2414/9753/4234/HOOD_SpecialEducation-FrequentlyAskedQuestions2017.pdf

Special Education Resource Flowchart

https://hood.armymwr.com/application/files/3714/9753/4617/HOOD_SpecialEducation-ResourcesFlowhart.pdf

Supporting your Student with Special Needs Transition

https://hood.armymwr.com/application/files/2015/8085/3800/HOOD_SLOS-Working-Group-Student-and-Parent-Success-Transitioning-Forms-20200203.pdf

Legal Guardianship for Young Adults with Disabilities

www.navigatelifetexas.org

Communication and Engagement

Family Fun IDEAS!

- Board Games, Card games,
- Arts and Crafts
- Make up a family handshake
- Make puppets and put on a show
- Old school/new school sharing of music between kids and parents
- Make a music or dance video
- Make playdough, stress balls, bubbles, sensory bottles
- Chopped/cooking/baking challenge



CSTS Helping Homebound Children during the COVID-19 Outbreak

https://www.cstsonline.org/assets/media/documents/CSTS_FS_Helping_Homebound_Children_during_COVID19_Outbreak.pdf

Brainpop about Coronavirus

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>

Guidelines for Parent-Child Communication

<https://childdevelopmentinfo.com/how-to-be-a-parent/communication/>

Five Strategies to Improve Parent-Child Communication

<https://www.ourfamilywizard.com/blog/five-strategies-improve-parent-child-communication>

Family Dinner Ideas

<https://thefamilydinnerproject.org>



Financial

Additional Resources

Army Emergency Relief (AER) has made provisions to be able to process claims remotely during the COVID-19 crisis
254-288-7292; 254-287-6483; 254-553-3102; 254-287-8982 or usarmy.hood.imcom-fmwrc.list.ACS-FRB@army.mil.

After hours or holidays, contact the America Red Cross, 877-272-7337

American Red Cross: If your family needs immediate assistance, they accept applications on the website 24/7 at www.redcross.org

Operation Homefront offers financial assistance to families facing critical needs. You can apply online at operationhomefront.org

Food and Clothing Assistance

Love of Christ Food Pantry

2000 Airport Road
Temple, Texas 76504
<https://locfoodpantry.org/about-us/>

Central Texas Food Bank

512-684-2550 or toll free 855-684-2550
6500 Metropolis Drive
Austin, Texas 78744

**St Luke's - Food Care Center (No hot meals)**

210 North 16th Street
Killeen TX 76541
254-554-3400
Tuesday-Friday, 9am-1pm
1st & 3rd Friday, 4pm-7pm
Military please bring Photo ID and
Written referral from Command Specialist

Mobile Food Pantry

www.centraltexasfoodbank.org/find-food
512-282-2111

Operation Phantom Support

401 N 8th St
Killeen, Texas 76541
(254) 203-5098
www.phantomsupport.org

Spirit of Fort Hood Chapel

320 Tank Destroyer Blvd
Fort Hood, Texas 76544
(254) 288-6545

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