



# HYPERGLYCEMIA

(High Blood Sugar)

**CAUSES:** Too much food, too little insulin, illness or stress.

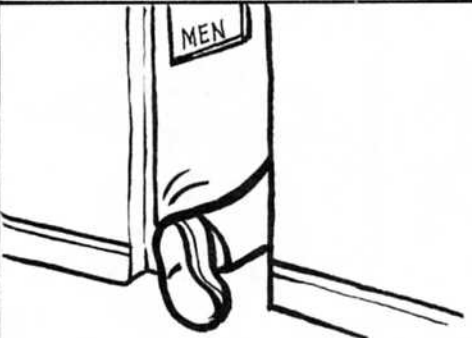
**ONSET:** Gradual, may progress to diabetic coma.

**BLOOD SUGAR:** Above 200 mg/dL.  
Acceptable range: 115-200 mg/dL.



**EXTREME THIRST**

## SYMPTOMS



**FREQUENT URINATION**



**DRY SKIN**



**HUNGER**



**BLURRED VISION**




**DROWSINESS**




**NAUSEA**

**WHAT  
CAN  
YOU  
DO?**



**TEST BLOOD SUGAR**



**If over 250 mg/dL for several tests  
CALL YOUR DOCTOR**