



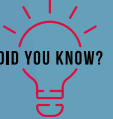
SCHOOL NUTRITION DEPARTMENT

FEBRUARY 2025

Middle

FEBRUARY CELEBRATIONS

- Happy President's Day
- Happy Valentine Day
- Celebrating Broccoli Month!



DID YOU KNOW?

- Per Ounce, broccoli has as much calcium as milk
- Presidents Day was established in 1885 in honor of President George Washington's birthday.

MENU NOTES

LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.

KISD MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

Meal Prices

Student
 Breakfast - FREE for all KISD students
 Elementary Lunch - \$2.75
 Secondary Lunch - \$3.00

Adults
 Breakfast \$2.75
 Lunch \$4.25

Monday

3
 Biscuit & Turkey Sausage
 Assorted Cereal w/Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice

10
 Chocolate Bite Filled w/Chocolate Donut Bite
 Assorted Cereal w/Graham Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice



24
 Chocolate Bite Filled w/Chocolate, Donut Bite
 Assorted Cereal w/Graham Crackers
 Applesauce Cup
 Assorted Fruit Juice

Tuesday

4
 Breakfast Bar, Campfire S'mores w/Graham Crackers
 Pineapple Spinach Smoothie w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

11
 Banana Smoothie w/Graham Crackers
 Berry Apple Crisp Breakfast Bar w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

18
 Strawberry, Pineapple Smoothie w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

25
 Peach Smoothie w/Graham Crackers
 Breakfast Bar, Campfire S'mores w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

Wednesday

5
 Sausage Kolache
 Assorted Cereal w/Cheese Stick
 Assorted Fresh Fruit
 Assorted Fruit Juice

12
 Scrambled Eggs & Sausage
 Assorted Cereal w/Cheese Stick
 Assorted Fresh Fruit
 Assorted Fruit Juice

19
 Scrambled Eggs & Sausage
 Assorted Cereal w/Cheese Stick
 Assorted Fresh Fruit
 Assorted Fruit Juice

26
 Pancake, Turkey Sausage Corn Dog
 Assorted Cereal w/Cheese Stick
 Assorted Fresh Fruit
 Assorted Fruit Juice

Thursday

6
 Blueberry Parfait w/Graham Crackers
 Strawberry Breakfast Bar w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

13
 Breakfast Pizza
 Birthday Cake BKF Bar w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

20
 Blueberry Parfait w/Graham Crackers
 Strawberry Crisp Breakfast Bar w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

27
 Egg, Bacon & Cheese English Muffin
 Birthday Cake BKF Bar w/Graham Crackers
 Assorted Cereal w/Toast
 Assorted Fresh Fruit
 Assorted Fruit Juice

Friday

7
 Cinnamon Roll w/Turkey Sausage
 Assorted Cereal w/Graham Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice

14
 Happy Valentine's Day
 Cinnamon Roll w/Turkey Sausage
 Strawberry Breakfast Bar w/Graham Crackers
 Assorted Cereal w/Graham Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice

21
 Cinnamon Roll w/Sausage
 Assorted Cereal w/Graham Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice

28
 Cinnamon Roll w/Turkey Sausage
 Assorted Cereal w/Graham Crackers
 Assorted Fresh Fruit
 Assorted Fruit Juice

Celebrating National Broccoli Month

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