



# MIDDLE

## MARCH 2024



SCHOOL  
NUTRITION  
DEPARTMENT

### MARCH CELEBRATIONS




- National Breakfast Week 4th – 8th.
- March 5- Celebrating National Banana Month!
- March 11 to 15-Spring Break
- March 8- Student Holiday
- March 29- Good Friday Holiday



DID YOU KNOW?

- Goals are like banana, they come in bunches.
- Life is full of banana skins. You Slip, you carry on.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Sausage Honey Biscuit Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice
	CELEBRATING NATIONAL BANANA MONTH			
4 Cinnamon Bun Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	5 Breakfast Bar, Campfire S'mores w/Graham Crackers Sausage & Biscuit w/Gravy Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	6 Scrambled Eggs w/Sausage Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	7 Breakfast Bar, Strawberry Crisp Yogurt & Cherries Parfait w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	8 STUDENT HOLIDAY
National Breakfast Week 4th- 8th				
11	12	13	14	15
SPRING BREAK				
18	19	20	21	22
Turkey Sausage Biscuit Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Breakfast Bar, Campfire S'mores w/Graham Crackers Pineapple Spinach Smoothie w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Sausage Kolache Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Yogurt & Blueberry Parfait, w/Graham Crackers. Breakfast Bar, Strawberry Crisp Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Chicken Sausage Honey Biscuit Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice
25	26	27	28	29
Donut Holes, Powdered Sugar Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Breakfast Bar, Campfire S'mores w/Graham Crackers Banana Smoothie w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Scrambled Eggs w/Sausage Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	Breakfast Bar, Birthday Cake Tacos, Egg, Sausage w/Cheese Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	

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### MENU NOTES



LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.



KIDS MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

### MEAL PRICES

STUDENT	ADULTS
BREAKFAST – FREE FOR ALL	BREAKFAST \$2.75
KIDS STUDENTS	LUNCH \$4.25
ELEMENTARY LUNCH – \$2.75	
SECONDARY LUNCH – \$3.00	

