



HIGH

MARCH 2024



SCHOOL
NUTRITION
DEPARTMENT

MARCH CELEBRATIONS

- National Breakfast Week 4th – 8th.
- March 5– Celebrating National Banana Month!
- March 11 to 15–Spring Break
- March 8– Student Holiday
- March 29– Good Friday Holiday



DID YOU KNOW?

- Goals are like banana, they come in bunches.
- Life is full of banana skins. You Slip, you carry on.

MENU NOTES

LOW FAT UNFLAVORED, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE AND LACTOSE FREE. K - 12 STUDENTS ARE NOT REQUIRED TO TAKE MILK.

KIDS MENUS ARE SUBJECT TO LAST MINUTE CHANGES DUE TO NATION WIDE SUPPLY CHAIN ISSUES.

MEAL PRICES

STUDENT
BREAKFAST – FREE FOR ALL
KISD STUDENTS
ELEMENTARY LUNCH – \$2.75
SECONDARY LUNCH – \$3.00

ADULTS
BREAKFAST \$2.75
LUNCH \$4.25



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Taco, Egg, Sausage w/Cheese Donut Holes, Powdered Sugar Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice
4 Donut Holes, Powdered Sugar Turkey Sausage Biscuit Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	CELEBRATING NATIONAL BANANA MONTH Sausage Biscuit w/Gravy Chicken Sausage Honey Biscuit Breakfast Bar, Campfire S'mores w/Graham Crackers Banana Smoothie w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	6 Scrambles Eggs w/Sausage Cinnamon Bun Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	7 Breakfast Bar, Berry Apple Crisp Peach Smoothie w/Graham Crackers Jalapeno Kolache Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	8 STUDENT HOLIDAY
National Breakfast Week 4th– 8th				
11	12	13	14	15
SPRING BREAK				
18 Turkey Sausage Biscuit Donut Holes, Powdered Sugar Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	19 Breakfast Bar, Strawberry Crisp Chicken Sausage Honey Biscuit Pineapple Spinach Smoothie w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	20 Pancakes & Sausage Yogurt & Blueberry, Parfait w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	21 Corn dog Breakfast Bar, Berry Apple Crisp Strawberry Banana Smoothie w/Graham Crackers Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	22 Egg w/Cheese Muffin Bacon, Egg & Cheese Muffin Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice
25 Egg w/Cheese Muffin Donut Holes, Powdered Sugar Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	26 Banana Smoothie w/Graham Crackers Breakfast Bar, Berry Apple Crisp Breakfast Pizza, Turkey Sausage Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	27 Yogurt & Cherries parfait w/Graham Crackers Scrambles Egg w/Sausage Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	28 Peach Smoothie w/Graham Crackers Breakfast Bar, Berry Apple Crisp Jalapeno Kolache Assorted Cereal w/Graham Crackers Assorted Fresh Fruit Assorted Fruit Juice	29

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